# Apoptosis Induction on AGS Gastric Adenocarcinoma and HEF Fibroblast Cell Lines by Wild Type and cagA or vacA Negative *Helicobacter pylori* Strains

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# Abstract

Helicobacter pylori is one of the most common pathogens affecting humans and is the major environmental factor in the development of gastric cancer increasing from 4 to 6 folds the risk of its development. Variations in cancer risk among H. pylori infected individuals may correlate to difference in *H. pylori* strains, variable host characteristics and specific interactions between host and microbial determinants. To determine the effect of different strains of *H. pylori* on cellular apoptosis we designed an *in vitro* model using AGS and HEF cell lines. After specified time intervals total cell proteins was extracted and subjected to SDS-PAGE and immunoblotting using anti poly ADP-ribose polymerase (PARP) antibody. Decrease in densitometric value of PARP was indicative of higher level of apoptosis. The ability of apoptosis induction in AGS and HEF cell lines by wild type, cagA negative and vacA negative strains were significantly different. The assessed apoptosis in AGS cell line cocultured with wild type strain was  $3.22\pm0.2$  in 24 h,  $2.8\pm0.1$  in 48 h, and  $2.1\pm0.09$  in 72 h of incubation time. Similar assessment with cagA negative strains in AGS cells was 4.17±1.49 in 24 h., 3.32±0.45 in 48 h., and 2.32±0.61 in 72 h. incubation. A variation in apoptotic potential between the *H. pylori* strains on two cells (AGS and HEF) was observed. Based on our results, it is concluded that *H. pylori* strains as well as target cell types are important in pathogenesis and induction of apoptosis during a specified time interval.

Keywords: Helicobacter pylori; Apoptosis; cagA; vacA; PARP

# Introduction

Helicobacter pylori infection in the human stomach

is associated with increased risk for peptic ulcer disease, distal gastric adenocarcinoma, and gastric B-cell mucosa-associated lymphoid tissue lymphoma [1,21].

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However, only a fraction of individuals who carry *H. pylori* ever develop gastric neoplasia. Variations in cancer risk among *H. pylori*-infected individuals may be related to differences among *H. pylori* strains, variable host characteristics, environmental influences, and/or specific interactions between host and microbial determinants [11]. Different hypothesis put forward to explain the underlying mechanism of carcinogenesis by *H. pylori*. It is generally believed that this carcinogenic activity is due to disturbance between epithelial apoptosis and proliferation. However, there are various reports on effect of different strains of *H. pylori* on apoptosis induction in different target cells.

The cagA (cytotoxic associated gene A) and vacA (vacuolating cytotoxin A) genes present in the wild type *H. pylori* are strongly related to the bacterial ability to induce adverse changes in stomach epithelium [3,11,14,15,18]. These changes are initiative points in carcinogenic pathway induced by *H. pylori*. The mutant strains deprived one or both of these virulence related genes exhibit reduced pathogenicity compared to wild type *H. pylori*.

Although apoptosis may be a natural physiological occurrence, excessive apoptosis results in tissue damage.

Alternatively, apoptosis may be viewed as the response to hyper proliferation in an attempt to reduce tissue growth. For instance; Peek et al have reported H. pylori cag+strains enhance gastric epithelial cell proliferation and attenuate apoptosis in vivo, which may partially explain the increased risk of gastric cancer [24]. Also Anti et al have reported that there is no evidence that H pylori or its cytotoxic products have any mutagenic effects. Nevertheless, this infection is associated with profound changes in the pattern of epithelial cell turnover in gastric glands, though the importance of these changes in gastric carcinogenesis is still controversial. H pylori infection increases cell proliferation and alters the distribution of cycling cells within these glands [2]. On the other hand, It was hypothesized that H. pylori may induce hyperproliferation through increasing apoptosis [21]. Whether apoptosis is the primary or secondary event, is not clear, but extrapolation from the data derived in cell culture would suggest that apoptosis is the initial epithelial cell response. Thus, the induction of excessive apoptosis by H. pylori could induce a secondary hyper proliferative response in an attempt by the mucosa to maintain cell mass [28].

Once hyper proliferation is established, then perhaps the increased rate of cell cycling predisposes gastric epithelial cells to genotoxic damage and an altruistic cell death. If this altruistic pathway fails, then unrestrained tissue growth may result [28].

This process of programmed cell death is characterized by marked changes in cell morphology, and the cleavage of several housekeeping proteins including poly (ADP-ribose) polymerase (PARP).

Considering above controversial reports on association of different strains of *H. pylori* to the carcinogenic process and their role in induction of apoptosis, evaluation of the process in a well designed study was appeared to be highly needed.

Apoptosis was determined in various time intervals when *H. pylori* and cells were co- cultured together. PARP cleavage was used as criteria for occurrence of apoptosis [27].

#### **Materials and Methods**

#### Cell Culture

AGS (gastric adenocarcinoma, ATCC CRL 1739) and HEF (Human embryonic fibroblast ATCC CRL-7093) cells were purchased from American Type Culture Collection (USA). AGS cells were cultured in 6-cm plates in Ham's F-12 medium (Gibco, USA) supplemented with 10% heat- inactivated fetal calf serum without antibiotics. Cells were incubated in 5%  $CO_2$  at 37°C in humidified air. HEF cells were cultured in DMEM supplemented with 10% heat- inactivated fetal calf serum, L-glutamine and sodium pyruvate without antibiotics. The incubation condition was same as AGS cell line. The concentration of both cells was  $1 \times 10^6$  cells in each plate. The cells were left to adhere for 24 h.

#### **Bacterial Strains**

Three strains of *H. pylori* were used in our study. One of them was cagA positive and cytotoxin producing *H. pylori* strain (wild type) and two strains were cagA negative and vacA negative, respectively. These strains were generously provided by Dr. Victoria S. Conlin (Physiology department, UBC, Canada).

*H. pylori* strains were grown for 3-4 days at 37°C in Columbia agar (Difco, USA) under microaerophilic conditions obtained by using campy pak plus (B.D., USA) and an anaerobic jar supplemented with 5% defibrinated horse blood (Oxoid, USA), 10% heat-inactivated fetal calf serum, Trimethoprim, cefsulodine and Vancomycin (Sigma, USA) [6]. The cells then harvested and resuspended in Brucella broth (Difco, USA) supplemented with 10% heat-inactivated fetal calf serum, IsovitalX (BBL, USA) and kanamycin (for mutants).

H. pylori strains were grown 5-7 days in falcon tubes

with shaking at 200 rpm, at 37°C under microaerophlic conditions[6].

#### **Co-culture** Experiment

For co-culture experiment, *H. pylori* strains were added to cells at ratio of 100:1, based on previous reports [4]. For this purpose, the bacterial densities were adjusted by the optical density (O.D.) measurement at 600 nm. Calculation of bacterial concentration made on the basis of 1  $OD_{600} = 10^8$  colony forming units (CFU)/ml [23].

Bacteria were harvested and resuspended with Ham's F-12 and DMEM separately for AGS and HEF, respectively.

AGS and HEF cells were washed 3 times with sterile PBS and different strains of bacteria were added separately to AGS and HEF cells and incubated at  $37^{\circ}$ C in 5% CO<sub>2</sub> for 0, 24, 48 and 72 h. Cells without bacteria were grown for control.

#### SDS-PAGE and Immunoblotting Analysis

Co-cultured cells with bacteria and their controls were lysed in solubilization buffer [50 mM Tris-HCL (pH 7.7), 1% Triton X-100, 10% Glycerol, 100 mM NaCl, 2.5 mM EDTA, 10 mM NaF (Na Flouride), 0.2 mM NaV (Na orthovanadate), 1 mM NaM (Na Molybdate), 40  $\mu$ g/ml PMSF (Phenylmethylsulphonyl-fluoride), 1  $\mu$ M pepstatin, 0.5  $\mu$ g/ml leupeptin and 10  $\mu$ g/ml soybean trypsin inhibitor] [23].

Total cell protein extracts were normalized for concentration by the BCA (Bicinchoninic acid) assay and 50 µg of protein separated by SDS-PAGE and transferred to nitrocellulose membrane. Membranes were incubated overnight at 4°C with mouse anti- PARP monoclonal antibody (B.D. pharmingen, USA).

Primary antibody was detected using anti mouse horse radish peroxidase-conjugated secondary antibody for 1 h. and visualized by the ECL (Enhanced chimicoluminiscent) detection system (Amersham Corp, U.K.) according to the manufacturer's instructions.

#### **Statistics**

Results are expressed as means±standard errors (SD). T test, one-way analysis of variance (ANOVA) was used, followed by post hoc comparisons, general linear multivariate and repeated measure.

## Results

To determine whether infection with different strains

of *H. pylori* alone could stimulate apoptosis process, AGS and HEF cell lines were incubated with three different strains of *H. pylori* in the ratio of 1:100 (cell: bacteria) for 24, 48 and 72 h.

All experiments were performed 3-5 times and the mean values were taken for comparison.

Quantitation of apoptotic induction of different strains of *H. pylori* on AGS and HEF cells was determined by rate of PARP cleavage using UN-SCAN-IT software. Decreased in densitometric value of PARP indicates its elevated cleavage and hence, pronounced apoptotic activity.

Figure 1, shows a representative western blot for PARP cleavage results, and Figure 2 shows corresponding density rate of PARP cleavage for mutants and wild types *H. pylori* strains on two different cell lines (a: AGS, and b: HEF).

The apoptotic activity of wild type *H. pylori* on AGS cells was calculated  $3.22\pm0.2$  in 24 h,  $2.8\pm0.1$  in 48 h, and  $2.1\pm0.09$  in 72 h, respectively.

Similarly on HEF cell line  $2.21\pm0.22$  in 24,  $2.24\pm0.18$  in 48, and  $1.46\pm0.13$  in 72 h obtained when *H. pylori* was co-cultured with them.

To compare between two different types of cell in different continues time, we conducted GML (general linear model). GML showed that apoptotic potential influence between the two cell lines was statistically significant (p<0.001).

The apoptosis induced by cagA negative strains of *H. pylori* in AGS cells was  $4.17\pm1.49$  for 24 h.,  $3.32\pm0.45$  for 48 h., and  $2.32\pm0.01$  for 72 h., and in HEF cells was  $3.01\pm0.4$  for 24 h.,  $2.79\pm0.19$  for 48 h., and  $1.8\pm0.32$  for 72 h.

Analysis with independent t-test showed that apoptotic potential influence between the two cell lines does not statistically significant (p>0.05).



**Figure 1.** Western blot for PARP cleavage. PARP cleavage is shown for AGS cell line treated with WT strain of *Helicobacter pylori* in different times. Lanes 1, 2, 4 and 6 representing time intervals of 0, 24, 48 and 72 h. Lanes 3, 5 and 7 are their controls. The 116 KDa intact form of PARP is seen in both untreated and *Helicobacter pylori* treated cell lysates. However, the 85 KDa PARP cleaved fragment is seen only in the treated cell line.

The apoptosis induction potential for vacA negative strain of *H. pylori* in AGS cells was  $4.43\pm0.43$  for 24 h.,  $3.71\pm0.42$  for 48 h., and  $2.52\pm0.25$  for 72 h.

The apoptotic activity for vacA negative strain of *H*. *pylori* in HEF cells was  $3.83\pm0.25$  for 24 h,  $3.49\pm0.09$  for 48 h, and  $2.05\pm0.12$  for 72 h.



**Figure 2.** Apoptosis induction by three different strains of *H. pylori* on **a**) AGS and **b**) HEF cell lines. (Less PARP density, More apoptosis induction).

**Table 1.** Effect of different strains of *H. pylori* on induction of apoptosis using AGS gastric adenocarcinoma cell line

Bacteria	Time (h)		
_	24	48	72
cagA negative	4.17±1.49	3.32±0.45	2.32±0.61
vacA negative	4.43±0.43	3.71±0.42	$2.52 \pm 0.25$
Wild type	3.22±0.2	2.8±0.1	2.1±0.09

**Table 2.** Effect of different strains of *H. pylori* on induction of apoptosis using HEF fibroblast cell line

Bacteria	Time (h)		
_	24	48	72
cagA negative	3.01±0.4	2.79±0.19	1.8±0.32
vacA negative	3.83±0.25	3.49±0.09	2.05±0.12
Wild type	2.21±0.22	2.24±0.18	1.46±0.13

Statistically analysis did not show a difference between the two cell lines in apoptotic sensitivity (p> 0.05). The above mentioned results are summarized in Tables 1 and 2.

Post hoc test showed that there was no significant difference between cagA negative and vacA negative strains in apoptosis induction potential in AGS cells (p >0.05), but a significant difference between cagA negative and wild type strains of *H. pylori* (p = 0.000) was obtained. In addition, comparison between vacA negative and wild type to induce apoptosis in AGS showed a distinctive apoptotic (p = 0.000).

PARP cleavage for HEF cells indicate that there was no significant difference between cagA negative and vacA negative strains in apoptosis potential, but significant differences between cagA negative and wild type strains (p<0.05) was found. Also, there was significant differences between vacA negative strain and wild type strain (p = 0.009).

General linear model analysis showed that there was a significant difference in apoptosis induction potential by three different strains of *H. pylori* in various time intervals (24, 48, and 72 h) between AGS and HEF cell lines (p = 0.016). In addition, ANOVA showed that all the strains of bacteria tested were varied in apoptosis potential.

Post hoc tests also confirmed that the mean differences of apoptosis potential between the strains were significant specially when the assessment were performed in 48 to 72 h incubation times (p = 0.001).

### Discussion

The development of intestinal-type gastric adenocarcinoma involves progression through a well-defined series of histological steps, initiated by the transition from normal mucosa to chronic superficial gastritis, followed by the appearance of atrophic gastritis and intestinal metaplasia, and, finally, dysplasia and adenocarcinoma [31].

Enhanced rates of cell loss during *H. pylori* infection could potentially accelerate the development of gastric atrophy or intestinal metaplasia [5,9,25].

Gastric adenocarcinoma is strongly associated with the presence of *H. pylori* [23]. One mechanism by which *H. pylori* may augment the risk for carcinogenesis is by altering cellular turnover. Mucosal hyper proliferation has been demonstrated within *H. pylori*-infected gastric tissue [25], and multiple studies have concluded that *H. pylori* is also associated with increased levels of apoptosis *in vivo* [16,26]. However, another study has concluded that *H. pylori* infection is not associated with increased apoptosis [13]. Explanations for this discordance may include various environmental influences and diversity among infecting *H. pylori* strains. To investigate the relationship between *H. pylori* and apoptosis, *in vitro* assays are very useful because multiple variables can be carefully controlled. This *in vitro* system provides useful insights into the interaction of *H. pylori* with gastric epithelial cells in the human stomach. By using an *in vitro* system to study interactions of *H. pylori* with mammalian cells, we have shown that different strains of *H. pylori* induce apoptosis in AGS gastric epithelial cells and HEF fibroblast cells.

The mechanisms by which *H. pylori* interacts with epithelial cells to induce apoptosis are not known [12,28]. There is evidence both for increased expression of the proapoptotic Bcl-2 family member, Bak [4], and involvement of the Fas-Fas ligand pathways [33]. However, other observations suggest the involvement of other pathways in *H. pylori*-induced apoptosis. Further exploration of the molecular mechanisms involved in the effects of *H. pylori* on cell cycle control may provide insights into the role of this organism in gastric carcinogenesis.

The certain outcome of *H. pylori* infection in population depends on both genetic characteristics of patients and bacterial strains which could explain the variation in disease process development. One of the mechanisms which need to be clarified is the varied potential of *H. pylori* strain in destruction of target cells.

In the present study we used wild type, either cagA or vacA negative strains of *H. pylori* and observed their effects on two different cell lines. Since different apoptotic pathways may operate in different cell types leading to controversial findings, we focused on PARP acting as a joining point for two different hypothetical apoptotic pathways operating in cells. Our *in vitro* study indicated that direct contact of *H. pylori* with both gastric cancer cell line and fibroblast cell line was able to induce apoptosis. However, the extent of apoptosis induction was varied either between cell lines or between different bacterial strains.

Based on our results, wild type *H. pylori* induced a stronger apoptotic reaction on AGS compared to mutant strains after 72 h (2.1 $\pm$ 0.09) and then cagA negative strain induced apoptosis (2.32 $\pm$ 0.61) more than vacA negative strain (2.52 $\pm$ 0.25). This is in agreement with previous data indicating that induction of apoptosis in gastric epithelial cells either *in vivo* or *in vitro* conditions is related to the genotype status of *H. pylori* strains [17,19].

In our study we also co-cultured different strains of *H. pylori* with HEF cell line. Like AGS cells, wild type strains of *H. pylori* induced apoptosis on HEF cell line

more than the others after 72 h ( $1.46\pm0.13$ ) and then cagA negative strain ( $1.8\pm0.32$ ) induced apoptosis more than vacA negative strain ( $2.05\pm0.12$ ).

Also, strains with either cag or vac genes are more potent in induction of apoptosis than those containing neither of these two genes. As it has shown in Tables 1 and 2, we showed that cagA negative strains of *H. pylori* induced apoptosis more than vacA negative strains in both AGS and HEF cell lines. This finding showed that vacA gene is more potent in apoptosis induction than cagA gene.

Our finding is in agreement with Moss et al study on *cag* PAI association with increased apoptosis of gastric epithelial cells [21] and Kuck etal study that have shown VacA is at least one of the *H. pylori* factors capable of apoptosis induction [18].

Comparison of apoptosis induction in two cell lines by different strains of *H. pylori* after 72 h. showed that HEF cells underwent apoptosis more than AGS cells.

Wagner and colleagues showed that cancer cell lines undergo about 50% less apoptosis in response to *H. pylori* than normal cells [32].

In the present study, we showed that apoptosis induction by different strains of *H. pylori* on HEF cells was more than AGS cells, but, it was not two fold than cancer cell line. Explain for this discrepancy may due to the type of cell line.

Contradictory findings reported by Maeda [20] on effect of vacA mutant *H. pylori* on reduction of cell viability may root from exclusion of other important virulence genes like cagA from the study. However, there are many other controversial reports on potential of cag and vac genes on induction of apoptosis either *in vivo* or *in vitro* [4,26,29].

In conclusion, the present study showed that different strains of *H. pylori* can induce apoptosis, though not up to the same extent on different cell types during a specified time limit. These differences are likely under influence of different bacterial characteristics and also may influence by numerous host derived factors.

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